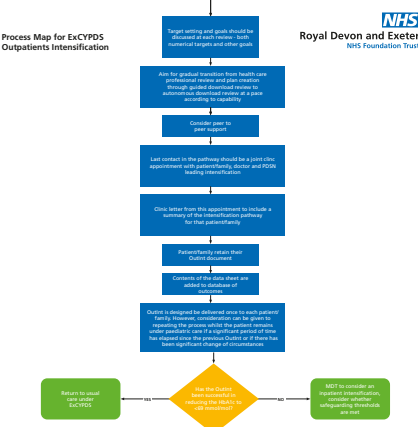
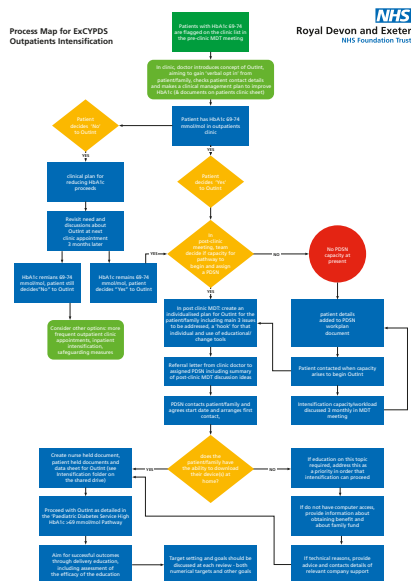
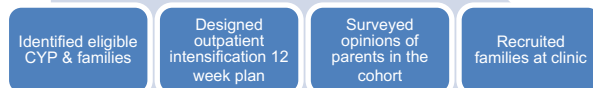




Our purpose is to look for novel ways to engage & improve the diabetes care for young people with HbA1c of 69-74%

## Our intensification resources

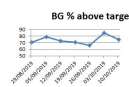
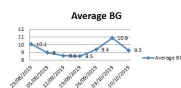
- Education toolkit
- Patient held record
- Governance approved protocol
- PDSN Data collection sheet



## Run Charts

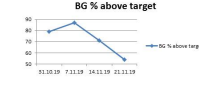
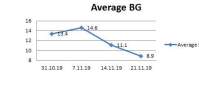
**Patient 1**  
HbA1c 69mmol/mol 1/8/19

Start of OutInt 22/8/19  
12 week programme. Data for 7 weeks  
HbA1c 63 mmol/mol 19/9/19



**Patient 2**  
HbA1c 69mmol/mol 5/9/19

Start of OutInt 31/10/19  
12 week programme. Data for 4 weeks  
HbA1c 65mmol/mol 21/11/19



## Parental survey

- 71% response rate to the survey
- Families want to be contacted by mobile (60%) or email (40%)
- 80% prefer face to face contact, rather than group/online
- 90% want to learn more about downloading and self adjustment

## Implementation

- 5 young people recruited
- 2 commenced the programme
- 2 waiting for programme to commence

## Barriers

- Patient 1 (programme interrupted due to extenuating circumstances)
- Capacity of clinical time to commence process
- Not all in 69-74 HbA1c ready for change
- Families difficult to contact in working hours

## Engaging young people

- Pre clinic sheet to ensure young people are heard

Date (n = study gives out)			
1/8/19 (n=11)	7	3	1
8/8/19 (adolescent)	-	-	-
15/8/19	-	-	-
22/8/19	-	-	-
29/8/19 (n=6)	1	3	0
5/9/19 (n=7)	3	0	0

Number of counter

**I'd like to talk about...**



### Teen version

Agreed action:

- offer families use of sheet in clinic
- As required use for documenting plans

## Team Performance

1. MDT Proforma/agenda to ensure improved communication
2. Rolling chair at MDT to develop managerial skills for all team members.
3. Survey Monkey to team – all positive about the implementation
4. What's App team group for communication
5. Team social after QI session 3
6. Sophie (clinical psychologist) joined QI on KIT days during maternity leave

## Our future plans

- Recruit more young people to the intensification process
- Pathway exit survey & response for continuing iterations
- Consider replicating intensification process in other patient groups
- Ongoing use of QI skills in our service

