

Consultants: Dr Mark Robinson, Dr Vineeta Joshi Diabetes specialist nurse: Leeanne Sumner, Claire Brookes SPIN trainee: June Tan, Dietitian: Lesley Green, Psychologist: Ian Rushton

## Royal College of Paediatrics and Child Health **Diabetes Quality Programme** Wrightington, Wigan and Leigh **NHS Foundation Trust**

National Children

and Young People's

RCPCH

The WWL Way Hwards

## QI project: To reduce HbA1c in young people with high Hba1c Purpose: To reduce HbA1c by 10mmol/mol in young people (aged>14 in year 2019) with high hba1c >69

Our improvement journey- the steps we took

Business case for DSN to do transition work

-Designing an insulin passport -Woking with patient engagement team

-Delivering the insulin passport at clinics -Working with trust safeguarding team -Monthly case conference of complex patients

counting' Weekly Nurse led clinic - Education evening with motivational speaker

To educate school nursing service to help with high HbA1c pts in schools. Presentation of QI project to trustboard Creating SOP for high Hba1c patients

Feedback from Families/Colleagues
Team workingVerbal feedback from family and young person they like the insulin passport
Feedback from colleagues that we have better team bonding via weekly huddles and messages on whatsapp
Bright Spots
Better team work- now have a better direction and focus on steps to be done to achieve our purpose
Our diabetes team are getting support from trust patient engagement team and trust QI team
Adaptations on new changes including hospital dietician receptive to idea of carb counting from diagnosis
Further Actions
Staffing issues- proposal for transition nurse and ward dietetic support
To work on feedback of young person and families with regards to steps taken in reducing Hba1c
Review Hba1c in a year time and how we as a team to sustain current work in reducing Hba1c in young person
Present our QI results