

Managing High Ketones Pen Therapy

When Blood Glucose >14mmols/l it is essential to check ketone level.

If you are not sure what to do please give us a call early to avoid an admission to hospital.

In An Emergency

Daytime (8am-6pm) 0151 252 5766

Out of Hours 0151 228 4811

Ask for the Diabetes Nurse on call service

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Blood Ketone Guide		
Less than 0.6mmol/L	0.6-1.5mmol/L	More than 1.5mmol/L
Give a normal correction dose	Increase correction dose by 50%	Double correction dose

Novorapid, Humalog or Apidra is to be used for correction doses.

The correction dose must not exceed more than 20% of your Total Daily Insulin Dose.

REMEMBER!

- If blood glucose 14mmol or above with ketones 0.6mmol/l or above additional insulin **MUST** be given
- **RECHECK** in 1-2 hours

If vomiting or change in breathing attend A&E



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