Throughout the next **few weeks**, please work through all videos and exercises (links in the flowchart) whilst continuing to develop and implement your QI projects.

Feel free to print out flowchart and display to keep track of your progress.

View update **video for session 4**	• Design poster for final session • Send poster to: **diabetes.quality@ rcpch.ac.uk** • As a team, plan how the poster presentation will be presented
Change model for improvement and measurement ☐	• What strategies can we put in place to make it easier to get on with the change?
The Sequence of Improvement – using our learning to sustain and spread ☐	• How are we gathering data to inform us whether the change is an improvement? (Feel free to review these videos on **Measurement for Improvement** if needed)
Sustain and Gain ☐ **A New Approach: Model for Improvement and Switch** ☐ **The Seven Spreadly Sins** ☐	• How might you design to sustain and spread? • How may you map these plans over to those who are either **early adopters, majority, late adopters** or **laggards?**

We look forward to seeing you on session 4!

Please contact us if you have any questions: matt.oultram@rcpch.ac.uk