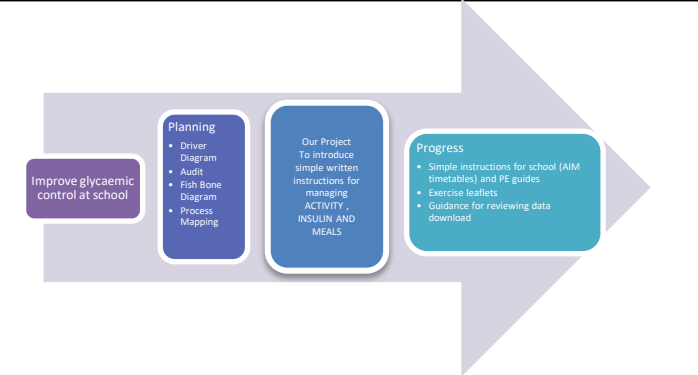


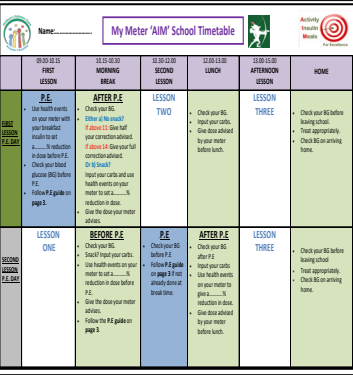
Purpose:

To Improve Glycaemic Control at School in 11 to 19 year old CYP with Type 1 Diabetes.

Our Improvement Journey ... the steps we took



Our Sample “AIM” Timetable-MDI/SMBG

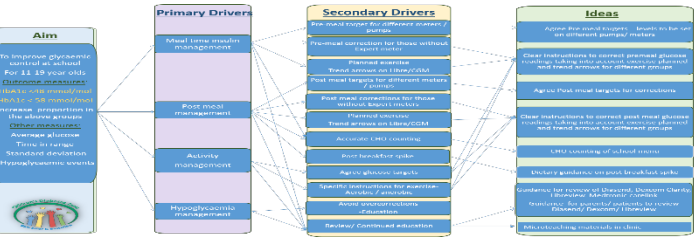


My Meter 'AIM' School Timetable



My Meter P.E Guide

Driver Diagram



Qualitative Feedback from Families/Colleagues

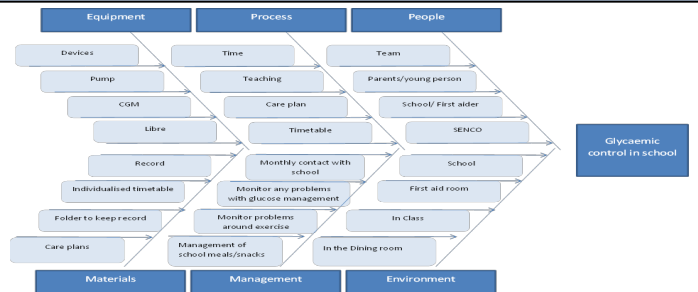


It makes sense, it's simple, easy to use and will be good for newly diagnosed.

I follow the advice you give on the P.E guide. I think it will be helpful to any new children.

Highly comprehensive, very informative and practically helpful. A good and effective reminder of what to do and not to do.

Fishbone Analysis



Bright Spots

- Weekly Meetings
- Effective teamwork
- Small steps
- Can do attitude
- Learning together
- Clear and consistent messages



Our Progress so far....

Exercise Audit

- Inconsistent management at school.
- We wanted to standardise guidance at school.

Standardised instructions in school

- Developed my “AIM” school timetables (see sample)
- Specific instructions for different groups (MDI with expert meter/ MDI with Libre/ MDI with CGM and pump with expert meter/ MDI with Libre/ MDI with CGM)

Exercise Leaflets

- Specific exercise leaflets for the different groups as above.

Reviewing data download

- Standard guidance for parents and staff to review data from Diasend/ Libreview/ Dexcom Clarity

Further Actions

Introduction of “AIM” Timetables into chosen schools

Pilot introduction to one school-June 2021

School staff and patient training

Exercise Leaflets

Two more leaflets to be completed – MDI with CGM and pump with CGM

Approval by Trust

To start using with all families

Download Guidance

Standardised Guidance on reviewing Diasend/Libre view/CGM data for families and staff.

Fortnightly average glucose, time in range and quarterly HbA1c data analysis with support from the Trust QI Team for 6 months.