

Early group education - MDT format Essential Knowledge (EK) – Virtual

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Purpose: To enable all of our CYP with diabetes to achieve their best physical and mental wellbeing outcomes and personal potential from diagnosis.

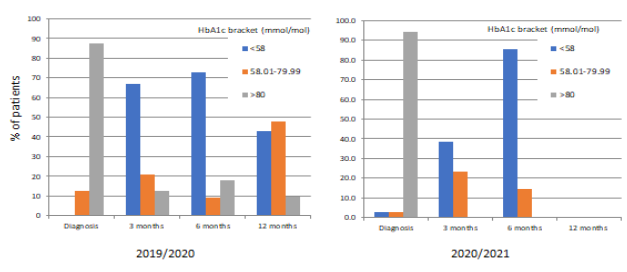
Aim: To provide high quality education and care to CYP with diabetes and their families from diagnosis, to empower self-care whilst achieving optimum HbA1c, emotional and physical wellbeing.

Our improvement journey- the steps we took

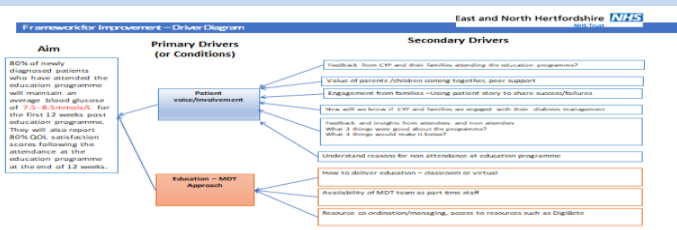


Outcome Data

Baseline HbA1c data

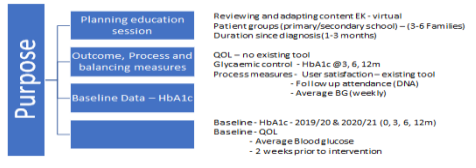


Driver Diagram

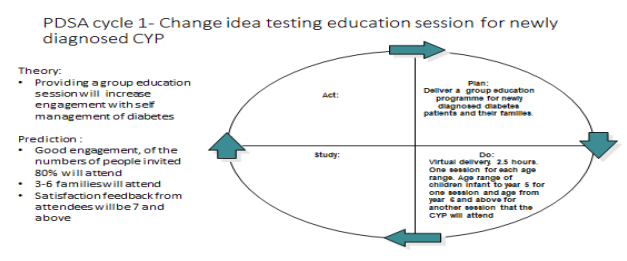


Qualitative Feedback from Families/Colleagues

Change - Early strong group education done in MDT format: Essential Knowledge (EK)



Fishbone Analysis



Bright Spots

- Thinking and analysing what we already do for our patients and service
- Recognise and appreciate more each other (and the need to protect what we have)
- The desire to have patient representation – Hear the Patients 'voice'
- The resilience of "Us" as a "Team"
- Perseverance and determination to continue...and complete the Project

Our Interventions

WHAT WE HAVE TRIED...

- Weekly meetings
- Involving the whole team
- Thorough planning
- QI coaching team support. Feedback from our coaches
- "You have impressed us with your commitment, and resilience, consistently doing what you say you will do to move the project forward"

BARRIERS...

- Post-Covid pressures (School education, newly diagnosed patients, one to one education, pump starts)
- Staffing – long term illness, people moving on to new posts, increased physical and emotional pressure for the remaining team

Further Actions

"It's the First Day of The Best of Your Life"

"I am a dreamer. I have a dream and reach for the stars, and if I miss the star then I grab a handful of clouds!"
Mike Tyson

We will take our "weapons": Love of our job, Team spirit, Perseverance and ...like David, will fight!

