

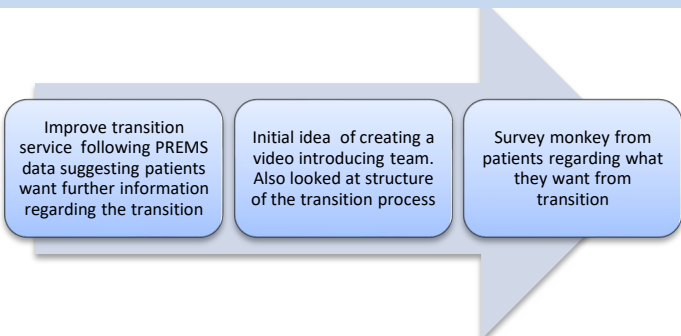
# Transition Service Quality Improvement- Your Move, Done Together

Team members

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**Purpose: Happy, healthy, confident and knowledgeable young people with the skill to achieve good health outcomes.**

## Our Improvement Journey- The Steps We Took



## Outcome Data

Patients and parents questionnaires following completing Ready, Steady, Go to see if they felt as though they had enough information and time to prepare for the transition process.

- Digital/written information of topics discussed
- Email with information

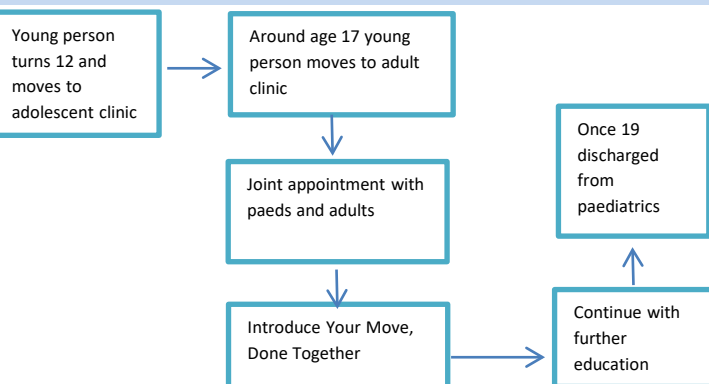
Questionnaire following the adaption to Your Move, Done Together to assess its usefulness.

- Helped them think about possible life changes
- Request for further education
- More written information

Feedback following virtual education sessions which have been developed.

- Useful informative sessions

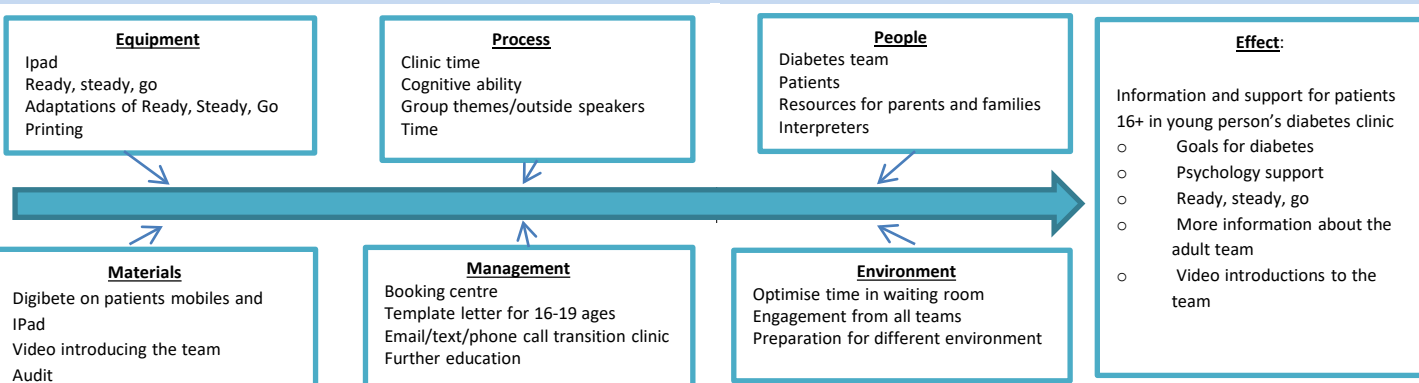
## The transition process



## Our Interventions for Transition QI

1. **Feedback from patients regarding what they want from transition and how they want things done**
2. **Ready, Steady, Go**
3. **Your Move, Done Together**
4. **Education sessions on emotional wellbeing, exercise, alcohol, festivals and driving**
- 5a. **Future planning of delivering education to a younger age group**
- 5b. **Utilise young people waiting in clinic to deliver education that they have identified they require**

## Fishbone Analysis



## Bright Spots

Good engagement from patients on feedback questionnaires and Your Move, Done Together  
Learnt well from experiences; we adapted what we are doing to try and better suit the young people, e.g. changing time, days, school holiday and topics of education sessions. Now planning on changing the age range to deliver these sessions to while still figuring out a way to best reach 16-19 year olds.  
Worked well as a team, each member has played a key role within the QI development  
We have managed to utilise the QI techniques in order to start improvements in other areas of our service. The High HbA1c pathway is being redeveloped with changed planned for inpatient stay at diagnosis, pump pathway and CGM/FGM pathways.

## Further Actions

Continue with our weekly meetings to ensure we remain focused on improving the service  
Continue working closely as a team and involving other members of wider teams  
Continue working on improving the transition service and methods of delivering education.  
Continue applying QI techniques on other areas of our service- currently working on improving the high HbA1c pathway